

# Supplement Facts

Serving Size 5 Capsules  
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin A (as Beta Carotene)	5998 mcg	666%
Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin D (as Cholecalciferol)	62.5 mcg (2500 IU)	313%
Biotin (as D-Biotin)	3000 mcg	10000%
Iodine (as Potassium Iodide)	225 mcg	150%
Zinc (as TRAACS® Zinc Bisglycinate)	25 mg	227%
Selenium (as L-Selenomethionine)	200 mcg	364%
<b>Proprietary Blend</b>	1890 mg	†
Hydrolyzed Collagen, Saw Palmetto Fruit Extract, Ashwagandha (Withania somnifera) Root Extract, OptiMSM®(Methylsulfonylmethane), Hyaluronic Acid, AnaGain™ Nu, Turmeric Extract (Curcuma longa), Horsetail 7% Silica, L-Lysine (as L-Lysine HCl), L-Methionine, N-Acetyl-L-Cysteine (NAC), Bacillus Subtilis 100 Billion CFU/g, Bacillus Clausii 100 Billion CFU/g, Bacillus Coagulans 200 Billion CFU/g, Bacillus Mesentericus 100 Billion CFU/g, BioPerine® (Black Pepper Extract 95%).		

† Daily Value (DV) not established