

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

Amount Per Serving		Amount Per Serving	
	mg		%DV
Vitamin A (as Beta Carotene, as Vitamin A Palmitate)	1725 mcg		192%
Vitamin C (as Ascorbic Acid)	400 mg		444%
Vitamin D (as Cholecalciferol)	250 mcg (10000 IU)		1250%
Vitamin E (as d-Alpha Tocopheryl Succinate)	22 mg		143%
Vitamin K (as Vitamin K2 Menaquinone-7)	180 mcg		150%
Thiamine as Thiamine Mononitrate	2 mg		167%
Riboflavin (as Riboflavin 5 Phosphate)	4 mg		308%
Niacin (as Niacinamide)	60 mg		375%
Vitamin B6 (as Pyridoxal 5 Phosphate)	20 mg		1176%
Folate (as 5- methyltetrahydrofolate, calcium salt)	2040 mcg DFE		510%
Vitamin B12 (as Methylcobalamin)	1200 mcg		50000%
Biotin (as D-Biotin)	100 mcg		333%
Pantothenic Acid (as Calcium Pantothenate)	5 mg		100%
Calcium (as Calcium Glycinate, as Calcium Pantothenate)	50 mg		4%
Magnesium (as TRAACS® Magnesium Bisglycinate)	100 mg		24%
Zinc as TRAACS® Zinc Bisglycinate	15 mg		136%
Selenium (as L-Selenomethionine)	100 mcg		182%
Copper (as TRAACS® Copper Bisglycinate)	1 mg		111%
Manganese (as Manganese Glycinate)	1 mg		43%
Chromium as Chromium Polynicotinate	200 mcg		571%
Molybdenum (as TRAACS® Molybdenum Glycinate)	100 mcg		222%
Lycopene (Lycobeads) (tomato extract)	2000 mcg		†
Lutein	1500 mcg		†
Trimethyl Glycine (TMG) - Betaine Anhydrous	1000 mg		†
Boron (as Boron Citrate)	1000 mcg		†
Quercetin	50 mg		†
Grape Seed Extract (95% Proanthocyanidins)	50 mg		†
Lemon Bioflavonoid Complex (90% Bioflavonoids)	50 mg		†
TruBroc® SGS Broccoli Seed Extract	50 mg		†
Resveratrol (Polygonum cuspidatum) Root Extract	50 mg		†
Pomegranate Fruit Extract	50 mg		†
Vanadium (as Vanadyl Sulfate)	30 mcg		†
Benfotiamine	1 mg		†

† Daily Value (DV) not established