

Supplement Facts

Serving Size 4 capsules

Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as Mixed Carotenoids from palm tree fruit and Palmitate)	1500 mcg RAE 167%
Vitamin C (as Ascorbic Acid and Acerola)	400 mg 444%
Vitamin D (as Cholecalciferol)	50 mcg (2000 IU) 250%
Vitamin K (as K1 Phytonadione, Vitamin K2 Menaquinone-4 and MenaQ7® Full Spectrum MK-6, MK-7, MK-9)	450 mcg 375%
Thiamin (as Thiamin HCl)	2.4 mg 200%
Riboflavin (Vitamin B-2) (as Riboflavin-5-Phosphate)	4.2 mg 323%
Niacin (as Niacinamide and Niacin)	60 mg NE 375%
Vitamin B-6 (as Pyridoxal-5-Phosphate)	6.7 mg 394%
Folate (as Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt)	680 mcg DFE 170%
Vitamin B-12 (as Methylcobalamin)	200 mcg 8333%
Biotin (as d-Biotin)	100 mcg 333%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg 100%
Calcium (as di-Calcium Malate)	50 mg 4%
Magnesium (as di-Magnesium Malate)	150 mg 36%
Zinc (as Zinc Bisglycinate Chelate)	15 mg 136%
Selenium (as SelenoExcell®)	100 mcg 182%
Copper (as TRAACS® Copper Bisglycinate Chelate)	1 mg 111%
Manganese (as TRAACS® Manganese Bisglycinate Chelate)	1 mg 43%
Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)	200 mcg 571%

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Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)	100 mcg 222%
Wild Blueberry Blend [Alaska Blueberry (<i>Vaccinium alaskaense</i> How.), Oval-leaf Blueberry (<i>Vaccinium ovalifolium</i> Sm.), Alpine Blueberry (<i>Vaccinium uliginosum</i> L.), Dwarf Bilberry (<i>Vaccinium cespitosum</i> Michx.) (fruit, leaves, stems)]	100 mg *
Muscadine Grape Powder (<i>Vitis rotundifolia</i>)(skin and seeds)	100 mg *
Citrus Bioflavonoids	100 mg *
Broccoli Seed Extract (<i>Brassica oleracea italica</i>)(seed)	75 mg *
Quercetin	50 mg *
Broccoli Sprout Powder (<i>Brassica oleracea italica</i>)(sprout)	25 mg *
Vitamin E Isomers (as DeltaGold® delta and gamma tocotrienols)	25 mg *
Trans Resveratrol (<i>Polygonum cuspidatum</i>)(root)	10 mg *
Pantethine (as Pantestin®)	5 mg *
Lutein Esters	3 mg *
Lycopene	3 mg *
Boron (as Bororganic Glycine)	1 mg *
Benfotiamine	1 mg *
Vanadium (as TRAACS® Vanadium Nicotinate Glycinate Chelate)	30 mcg *

*Daily Value not established

Other Ingredients: Cellulose (capsule), microcrystalline cellulose, sunflower lecithin, vegetable stearate, silicon dioxide.